

**Statistics Report 01231, Yogurt, vanilla flavor, lowfat milk, sweetened with low calorie sweetener**

Report Date:December 09, 2015 17:01 EST

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<b>Proximates</b>													
Water	g	79.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Energy	kcal	86	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Energy	kJ	361	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Protein	g	4.93	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Total lipid (fat)	g	1.25	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Ash	g	1.02	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Carbohydrate, by difference	g	13.80	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Sugars, total	g	5.43	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
<b>Minerals</b>													
Calcium, Ca	mg	171	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Iron, Fe	mg	0.07	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Magnesium, Mg	mg	16	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Phosphorus, P	mg	135	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Potassium, K	mg	219	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Sodium, Na	mg	66	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Zinc, Zn	mg	0.83	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Copper, Cu	mg	0.013	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Manganese, Mn	mg	0.004	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Selenium, Se	µg	4.9	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Fluoride, F	µg	12.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	0.8	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Thiamin	mg	0.042	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Riboflavin	mg	0.201	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Niacin	mg	0.107	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Pantothenic acid	mg	0.552	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Vitamin B-6	mg	0.045	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Folate, total	µg	11	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Folate, food	µg	11	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Folate, DFE	µg	11	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Choline, total	mg	15.2	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Vitamin B-12	µg	0.53	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Vitamin A, RAE	µg	12	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Retinol	µg	12	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Carotene, beta	µg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Vitamin A, IU	IU	43	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Vitamin E (alpha-tocopherol)	mg	0.02	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Vitamin D3 (cholecalciferol)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Vitamin D	IU	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Vitamin K (phylloquinone)	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
<b>Lipids</b>													
Fatty acids, total saturated	g	0.752	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
4:0	g	0.037	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
6:0	g	0.025	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
8:0	g	0.016	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
10:0	g	0.036	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
12:0	g	0.043	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
14:0	g	0.132	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
16:0	g	0.341	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
18:0	g	0.122	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Fatty acids, total monounsaturated	g	0.313	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
16:1 undifferentiated	g	0.027	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
18:1 undifferentiated	g	0.286	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Fatty acids, total polyunsaturated	g	0.035	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
18:2 undifferentiated	g	0.025	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
18:3 undifferentiated	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Cholesterol	mg	5	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011

<b>Nutrient</b>	<b>Unit</b>	<b>Value Per100 g</b>	<b>Data Points</b>	<b>Std. Error</b>	<b>Min</b>	<b>Max</b>	<b>df</b>	<b>LB</b>	<b>UB</b>	<b># Studies</b>	<b>Source</b>	<b>NDB Ref</b>	<b>Last Modified</b>
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2011